



# MIDDLEBURY NATURAL FOODS CAFE

## WEEKDAY LUNCH SPECIAL

### MARCH 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Tacos	2 Herb Roasted Chicken	3 A Trip to Whales	4 Tagine	5 Meatloaf	6
7	8 Chicken Curry	9 Sweet and Sour Pork	1 A Tour Around Edinburgh, Scotland	11 Vegetable Pasta Bake	12 Orange Glazed Chicken	13
14	15 Enchiladas	16 Baked Beans	17 St. Patrick's Day	18 Adobo Chicken	19 Stuffed Peppers	20
21	22 Spring Risotto	23 Chicken and Biscuits	24 Across the Pond	25 Lasagna	26 Apple Cider Turkey	27
28	29 Macaroni and Cheese	30 Pot Roast	31 Isle of Man			



**MIX & MATCH ALL YOU LIKE! JUST \$7.59 PER POUND!**  
**LUNCH ON THE LIGHTER SIDE?**

CHECK OUT OUR FRESH, HAND PREPARED SALAD BAR THAT FEATURES SEASONAL LOCAL CERTIFIED ORGANIC PRODUCE, OUR HOMEMADE DRESSINGS, AND FRESH SOUPS STRAIGHT FROM THE CO-OP KITCHEN!

